

The National Health Observances Website URL: <http://www.healthfinder.gov/nho/nho.asp>

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**September** features over 25 different health observances. See all of them with their corresponding links at: <http://www.healthfinder.gov/nho/nho.asp#m9>

Featured monthly observance: September 1-30, 2010 is **Sports and Home Eye Safety Month**  
Organization: **Prevent Blindness America** (<http://www.preventblindness.org/>)

Over 40,000 people a year suffer eye injuries while playing sports. Most of these injuries can be prevented in all age groups by following a few simple steps such as wearing approved helmets and protective goggles. Find out more by requesting a free booklet for parents, teachers, school nurses, coaches from: <http://www.preventblindness.org/safety/sportspage1.html>



Download these fact sheets on Recommended Sports Eye Protectors: [http://www.preventblindness.org/resources/Non-Customizable/NC\\_MK09\\_08-125\\_Sport\\_Eye.pdf](http://www.preventblindness.org/resources/Non-Customizable/NC_MK09_08-125_Sport_Eye.pdf) or  
Tips for Buying Sport Eye Protectors: [http://www.preventblindness.org/resources/Non-Customizable/NC\\_MK01\\_08-085\\_Tips\\_sports.pdf](http://www.preventblindness.org/resources/Non-Customizable/NC_MK01_08-085_Tips_sports.pdf)

The featured day observance is on September 15, 2010:  
**National School Backpack Awareness Day** sponsored by the American Occupational Therapy Association ([http://www.promoteot.org/AI\\_BackpackAwareness.html](http://www.promoteot.org/AI_BackpackAwareness.html))



**October's** Link: <http://www.healthfinder.gov/nho/nho.asp#m10> for over 30 different health observances.

The featured observance for this month is October 1-31 is **National Domestic Violence Awareness Month**



This observance is organized by the National Resource Center on Domestic Violence (<http://www.nrcdv.org/dvam>). In 1995 this and several other national organizations joined together in order to launch a new effort to support domestic violence programs' awareness and education efforts for Domestic Violence Awareness Month (DVAM), observed annually in October. The site includes material and video resources. Other sites more of interest to middle and high school educators on the topic of teen dating violence include:

“Love is Respect Dating Abuse Hotline” from Liz Claiborne Inc.

[www.loveisrespect.org/](http://www.loveisrespect.org/)

“Choose Respect” from the CDC

<http://www.cdc.gov/chooserespect/>

Featured day observance: World Food Day on October 16, 2010 “United Against Hunger”



This event is sponsored by the Food and Agricultural Organization (FAO) of the United Nations and the US National Committee for World Food Day. Current statistics show that 1.02 billion people or one sixth of the world's population is hungry. This is a worldwide event designed to increase awareness, understanding and informed, year-around action to alleviate hunger. Educational materials and ideas can be found on this link <http://www.worldfooddayusa.org/CMS/2952/11564.aspx>. More information can be found by accessing: <http://www.worldfooddayusa.org/> (home page) or <http://www.fao.org/getinvolved/en/>.